

Term 3 2021 IELP NIT – Kath Lister Rm 19

Health - *Making Healthy, Safe and Active Choices.*

Lessons will be adapted to suit each class and year levels, also noted that some classes have covered a lot of safety lessons last term.

Program to include:

- Identity- who are we and getting to know students and their important relationships.
- Covid Safety and Hygiene
- Personal Hygiene and sleep
- Dental Hygiene
- Healthy food choices and exercise
- Feeling safe at school/feelings – Incredible 5 point Scale
- Safety at home
- Sun and beach safety (Ravinder R/1)
- Emergency Services

PE/movement

Outdoor Activities: Games and fitness, including ball games, play is the way team games and Ultimate Frisbee(Lemonia 5/6/7). Also practising of sports day games towards end of Term(Anne 1/2/3/4).

Indoor Activities to accommodate wet and cold weather – meditation and balancing movements (*Smiling minds App*), knitting/ French knitting craft for fine motor activities.

The Arts - *Little Red Riding Hood*

This Fairy Tale explored through Drama, Visual Arts and Music with a focus on teaching and expanding vocabulary, and written and oral skills of Description and Narrative Text Types. Extension to Peter and the Wolf with Lemonias' 5/6/7 class.

A teaching weekly Program will be adapted to suit specific needs of each class once I have met the students.

Lesson	Ravinder R/1 Rm 16	Anne 1/2/3/4 Rm 12	Lemonia 5/6/7 Rm 6
The Arts/ literacy	Wednesday Lesson 3 & 4	N/A	Thursday Lesson 2
Health/PE	Thursday Lesson 5 & 6	Thursday Lesson 3 & 4	Wednesday Lesson 5 & 6